



Target
Organ
Protection

top

A CME
program

IN HYPERTENSION 2019

27th & 28th July 2019

Marriott Hotel - Kochi





Day 1

Course Director:

Dr. C. Venkata S. Ram
Hyderabad, India, Dallas, USA
Sydney, Australia



Saturday

Co-Directors:

Dr. P. P. Mohanan
(Thrissur)
Dr. A. Jabir
(Kochi)

2.00 pm to 8.20 pm | Venue: Kochi | Target Audience: Physicians

Time	Topic	Speaker
2.00-2.10pm	Welcome, Greetings & Scope of TOP 2019	Dr. C. Venkata S. Ram
2.10-2.20pm	Greetings from The European Society of Hypertension	Dr. G. Mancia, Italy
	Master Session I	Chairperson Dr. Sunny Orathel Dr. Rajeshwari Nayak Dr. Madhu Kumar
2.20-2.50pm	Chronic Disease Burden Imposed By Hypertension	Dr. G. Mancia, Italy
2.50-3.20pm	Multifactorial Basis for Vascular Diseases	Dr. Prabhat Kumar
3.20-3.50pm	Diagnostic Work up for Hypertension	Dr. Muruganathan
3.50-4.20pm	Management of Hypertension in Patients with Cardiovascular Disease	Dr. Aditya Batra
4.20 - 4.50pm	Guideline Based Treatment of Hypertension & Refinements in ARB Pharmacology	Dr. C. Venkata S Ram
4.50-5.20pm	Panel Discussion- Q & A Audience Participation	
5.20-5.50pm	Coffee/Tea Break	
	Master Session II	Chairperson Dr. George Thayil Dr. Sagy Kuruttukulam Dr. Anita Nambiar
5.50-6.20pm	Salt & Cardiovascular Disease - Does Sodium Intake Increase Longevity?	Dr. Franz H. Messerli, Switzerland
6.20-6.50pm	Blood pressure →LVH →CHF Continuum	Dr. Deepak Davidson
6.50-7.20pm	Blood pressure →CKD →ESRD Continuum	Dr. T. Dhinakaran
7.20-7.50pm	Panel Discussion - Q & A Audience Participation	
7.50-8.20pm	Meet the Experts	





Day 2

Course Director:
Dr. C. Venkata S. Ram
Hyderabad, India, Dallas, USA
Sydney, Australia

28
JULY 2019

Co-Directors:
Dr. P. P. Mohanan
(Thrissur)
Dr. A. Jabir
(Kochi)

Sunday

9.00 am to 01.15 pm | Venue: Kochi | Target Audience: Physicians

Time	Topic	Speaker
	Master Session III	Chairperson Dr. Geevar Zachariah Dr. J S N Murthy Dr. Sreenivasa Kamath
9.00-9.30am	Hyperlipidemia Treatment for Vascular Protection	Dr. Ramdas Nayak
9.30-10.00am	Pathogenetic & Therapeutic Role of The Renin-Angiotensin-Aldosterone System	Dr. Franz Messerli, Switzerland
10.00-10.30am	Initial Combination Therapy for Hypertension: Selected Options	Dr. G. Mancia, Italy
10.30-11.00am	Treatment of Hypertension in Diabetes	Dr. Bobby K Mathew
	Master Session IV	Chairperson Dr. John F John Dr. Prashant Advani Dr. C G Sajeev
11.00-11.30am	Resistant Hypertension: Clinical Management	Dr. P. P. Mohanan
11.30-12.00 Noon	Importance of Medication adherence and Life style changes	Dr. Rajiv Karnik
12.00-12.30pm	Blood Pressure & Heart Rate Variability: Prognosis	Dr. A Jabir
12.30-01.00pm	Panel Discussion, Q & A, Audience Participation	
01.00-01.15pm	Concluding Remarks and Way Forward	Dr. C. Venkata S. Ram Dr. G. Mancia, Italy

